



Speaker shares time-saving tips

IF you're a mom with lots to do but are strapped for time, set aside half a day to pick

up great tips on time management, de-cluttering your home and getting organized.

It's About Time, a seminar taking place on Sept. 26 at Bella Candela Restaurant, will feature Rowena List, a professional image organizer and founder of de-cluttering company Getting it Together, sharing the secrets on creating and maintaining an image you can be proud of in the home

and business. Sarah Dakin of Baby Steps Life Coaching will also be at the seminar to enlighten moms on time-saving techniques, and ways to ease stress and achieve peace of mind.

It's About Time, which runs 9 a.m.-noon this Friday, is presented by momcafé. For tickets, \$69 for non-members and \$55 for members, visit www.momcafe.net/register/10.

North Shore News
Parenting Section
Wednesday, September 24, 2008